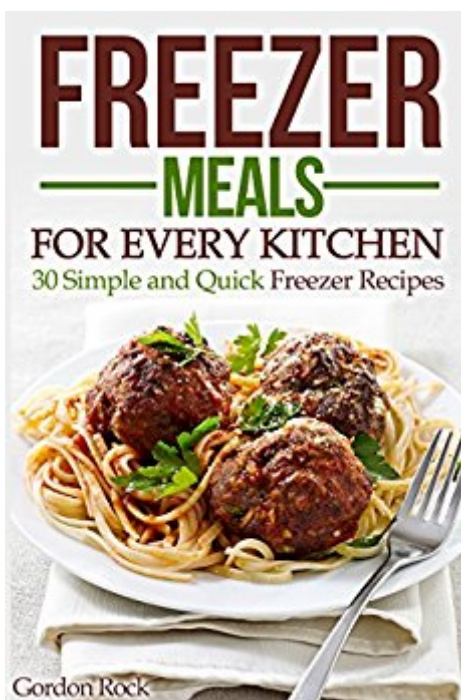


The book was found

Freezer Meals For Every Kitchen: 30 Simple And Quick Freezer Recipes



Synopsis

30 Simple and Quick Freezer Recipes Life today is fast and busy. One barely gets enough time to do anything and in midst of this hectic lifestyle, it is nearly impossible to spend long hours in the kitchen. As a result, you feed yourself and your family with junk which adversely affects everyone's health. The easy way to overcome this problem is to embrace freezer meal cooking which will not only save your time and money, but will also allow you to enjoy healthy food. This freezer meal cookbook is a work of 30 delicious recipes of freezer meals for every kitchen. Now fill your freezer with scrumptious freezer recipes like mac and cheese, baked beef ravioli, pumpkin chili, firecracker salmon, turkey tetrazzini and much more and say goodbye to unhealthy food forever. ==> BUY THIS BOOK TODAY AND GET BONUS COOKBOOK INSIDE!!

Book Information

File Size: 2813 KB

Print Length: 84 pages

Page Numbers Source ISBN: 1511453621

Simultaneous Device Usage: Unlimited

Publication Date: March 24, 2015

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00V7DZ2WK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #564,164 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #47

in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Quick & Easy > Microwave

Cookery #91 in Kindle Store > Books > Cookbooks, Food & Wine > Cooking Methods > Microwave Cooking

#304 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Canning & Preserving

Customer Reviews

There has been a buzz about freezer meals on Pinterest for several years now. I've wanted to try some tried and true recipes if I was going to go through the time and expense of making a weeks

worth of meals. The recipes in this book are surprising inexpensive, healthy and relatively easy to combine and freeze.

Sometimes after a long day at work I really don't feel like doing anything.

ANYTHING. This book has seriously become my lifesaver. I knew I could freeze chili, but I had no idea I could freeze french toast! The blueberry pumpkin baked French toast is so delicious, and can be frozen for up to a week even with the berries and syrup already on it! Thaw it overnight and bake for a half hour the next morning, it's so easy. I'm the type where I don't have a clue how long things can be frozen unless it tells me on the package, but this book tells you how long to store each and every item. Super helpful and time saving, it even suggests choosing one day of the week to cook and freeze items so you don't have to struggle throughout the week anymore. GENIUS! I'll never buy take out again

I'm a busy person, but I love home cooked meals and hate getting fast food or junk food. This book is perfect for learning to prepare meals ahead of time and save myself the hassle of cooking when I'm tired. I am a huge chocolate fan, and this book taught me that I can even prepare brownies and freeze them, I had never thought of that. Thaw them out and serve with icing or hot fudge, simply amazing and all of the recipes still taste so fresh. I also love gumbo and have never found a recipe that allows me to properly freeze it without compromising flavor until I found this book. This is perfect for my lifestyle and palate

I saw some really fantastic recipes I can't wait to try. The Jamaican beef patties is fantastic. That is the only one I tried so far. Thank you and enjoy your meal and enjoy your day.

I just got this book a few weeks ago, and I LOVE it! I live in a household of two, and am not a Costco-type shopper when it comes to meats, so everything I have made from this book, I have just halved the recipes to fit my smaller-packages-of-meat shopping patterns. No biggie. I still have three plus meals out of each type of meat I buy for the two of us. My husband absolutely raved about the Mini Mushroom and Sausage Quiches recipe...and being a die-hard foodie, he is VERY difficult to impress. He has insisted I make them again for a potluck this weekend. I won't give the recipe away, but trust me, for just eight ingredients, this one can't be beat. It was worth the price of the book for this one recipe alone. Overall, this book was a great intro for me on the pleasures of make-ahead cooking. I think I am addicted now! And the fact the recipes in this book do not contain

any horrible ingredients like Velveeta cheese, canned "cream of" soups, or refrigerated biscuit dough is great, too! You can feed your family easily, healthfully, and with fewer preservatives and if you purchase this book and make some of the recipes as they are written. I highly recommend it!

[Download to continue reading...](#)

Freezer Meal Recipes : Best 50 Delicious of Freezer Meal Cookbook (Freezer Meal Recipes, Freezer Meal Cookbook, Freezer Meal For The Slow Cooker) (Lisa Shanklin Cookbooks No.3)
Freezer Meals: 365 Days of Quick & Easy, Make-Ahead Meals For Busy Families (Freezer Recipes, Freezer Cooking, Dump Dinners, Make Ahead, Slow Cooker) Crock Pot: Delicious Crock Pot Dump Meals, Freezer Meals and More! (Crock Pot, Crockpot Recipes Cookbook, Dump Meals, Freezer Meals, Chicken and Soup Recipes) Freezer Meals for Every Kitchen: 30 Simple and Quick Freezer Recipes Make Ahead Meals: Delicious, Healthy, Low Carb Make Ahead Freezer Meals Recipes For The Busy Individual (Frugal Cooking, Meals For One, Cooking For One, ... Recipes, Easy Meals, Slow Cooker Cookbook) CROCK POT: Delicious Freezer Meal and Dump Meal Recipes for Busy People (Crock Pot, Crock Pot Cookbook, Crock Pot Recipes Cookbook, Crockpot Cookbook, ... Dump Meals, Crock Pot Freezer Meals Book 1) Crock Pot: 2,000 Crock Pot Recipes Cookbook (Crock Pot Recipes, Slow Cooker Recipes, Dump Meals Recipes, Dump Dinner Recipes, Freezer Meals Recipes, Crock Pot Cookbook) Quick Freezer Meals: 25 Amazing Recipes for You to Eat the Freezer Cooking Dishes Later! INSTANT POT: 2,500 Instant Pot Pressure Cooker and Slow Cooker Recipes Cookbook (Instant Pot, Instant Pot Recipes, Crockpot Cookbook, Slow Cooker Recipes, ... Pot Dump Meals, Crock Pot Freezer Meals) Casseroles: 365 Days of Casserole Recipes for Quick and Easy Meals (Casserole Cookbook, Party Recipes, Family Meals, One Dish Recipes, Dump Dinner, Make Ahead Meals) Mason Jar Salads: Quick and Easy Recipes for Salads on the Go, in a Jar (mason jar meals, mason jar recipes, meals in a jar, mason jar salads, mason jar lunch, salad to go, quick and easy recipes) CROCK POT: 500 Best Crockpot Recipes (crockpot cookbook, slow cooker recipes, crock pot meals, paleo, vegetarian, crock pot, crock pot cookbook, crockpot freezer meals, slow cooker cookbook) Freeze, Heat and Fry Box Set (5 in 1): Cast Iron, Air Fryer, Asian Stir-Fry Recipes and Freezer Meals (Quick and Easy Recipes) Mug Recipe Book: Your Guide to Quick and Easy Mug Recipes: Mug Recipes for Beginners (Mug Recipes, Mug Recipe Cookbook, Quick and Easy Meals, Delicious Recipes) Best Wok Recipes from Mama Li's Kitchen: Healthy, Quick and Easy One Pot Meals for Busy Families (Mama Li's Kitchen Book 1) Indonesian Cookbook: 20 Indonesian Kitchen Recipes (Indonesian Cuisine, Indonesian Food, Indonesian Cooking, Indonesian Meals, Indonesian Kitchen, Indonesian Recipes) Deliciously Ella Every Day: Quick and Easy Recipes for Gluten-Free Snacks, Packed Lunches, and Simple Meals Low Carb

Dump Meals: Over 220+ Low Carb Slow Cooker Meals, Dump Dinners Recipes, Quick & Easy Cooking Recipes, Antioxidants & Phytochemicals, Soups Stews ... Weight Loss Transformation Book Book 6) Low Carb Dump Meals: Over 210+ Low Carb Slow Cooker Meals, Dump Dinners Recipes, Quick & Easy Cooking Recipes, Antioxidants & Phytochemicals, Soups Stews ... Weight Loss Transformation Book Book 5) Low Carb Dump Meals: Over 220+ Low Carb Slow Cooker Meals, Dump Dinners Recipes, Quick & Easy Cooking Recipes, Antioxidants & Phytochemicals, Soups Stews ... Weight Loss Transformation Book Book 8)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)